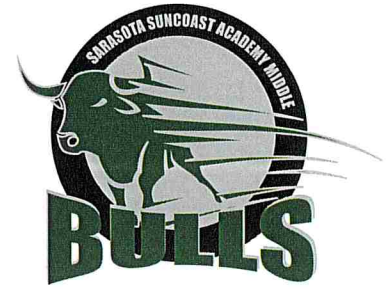


**SARASOTA SUNCOAST ACADEMY
MIDDLE GRADES**

**8084 Hawkins Rd.
Sarasota, FL 34241
941.924.4242
www.suncoastacademy.org**

Flag Football



Dear Suncoast Parents,

Flag football season will begin in January 2024. We are excited to have Coach Weiser returning to coach the team this season. Tryouts will take place January 9th, 10, and 11th. Tryouts will be held on campus from 3:30 pm to 5:00 pm. Students should bring athletic clothing for tryouts. After school, students can change clothes in the bathroom portables by the lunch tent.

Please note that there is a \$50 participation fee to help offset costs for the sport (only required for students who make the team). Parents will be responsible for all transportation to and from practices and games. We do encourage carpooling and that can be worked out between parents and the coaches via the TeamReach App.

Please carefully review all the information in this packet and have all forms completed and turned in to your advisory teacher or Coach Hill, no later than January 8th, 2024.

All forms must be completed and turned in before students will be allowed to participate in tryouts. Please note that a doctor must complete the "Pre-Participation Physical Evaluation" form included in this packet (no other form will be accepted). Urgent care centers will usually perform the athletic physical for about \$40. If you have already completed the "Pre-Participation Physical Evaluation" form for a previous sport at Suncoast, the physical is good for 365 days.

Included in this packet:

- Flag football game schedule
- Flag Football game calendar
- Suncoast Athletic Policies
- 2023-2024 Middle School Athletic Packet

Sincerely,

Michelle Hill

A handwritten signature in cursive script that reads "Michelle Hill".

Sarasota Suncoast Academy Athletic Director

michelle.hill@suncoastacademy.org



2024 Suncoast Academy Flag Football Schedule

Date	Opponent	Host	Time
Jan. 30	Sky Venice	Sky Venice	4:00 pm
Feb. 1	Sky Englewood	SSA	4:00 pm
Feb. 8	SLA	SLA	4:00 pm
Feb. 13	SSAS	SSA	4:00 pm
Feb. 15	RMA	RMA	4:00 pm
Feb. 22	SMAP	SSA	4:00 pm
Feb. 29	FSCL Championship		4:00 pm

***Indicates exhibition game**

****Suncoast hosts games at TBD**

School abbreviations and game locations:

TCA – The Classical Academy (8751 Fruitville Rd, Sarasota FL)

SKY V - Venice SKY Academy 705 Center Rd. Venice FL 34285

RMA – Rowlette Middle Academy – Police Athletic League (202 13th Ave E, Bradenton, FL 34208)

SSAS – Sarasota School for Arts and Sciences 717 Central Avenue Sarasota FL 34236

ODA – Out of Door Academy (5950 Deer Dr., Sarasota, FL)

SMAP – Sarasota Military Academy Prep – 3101 Bethel Ln., Sarasota, FL 34240)

SCS – Sarasota Christian School (5415 Bahia Vista Sarasota, FL 34232)

Sky E – Sky Englewood (871 S River Rd, Englewood, FL)

SLA – Student Leadership Academy – Venice Christian (1200 Center Rd. Venice, FL 34292)

January

2024

Suncoast Academy Flag Football

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
		Tryouts 3:30 pm-5:00 pm	Tryouts 3:30 pm-5:00 pm	Tryouts 3:30 pm-5:00 pm	Team Posted Practice 3:30 pm - 5:00 pm	
14	15	16	17	18	19	20
	Practice 3:30 pm - 5:00 pm	Practice 3:30 pm - 5:00 pm	Practice 3:30 pm - 5:00 pm	Practice 3:30 pm - 5:00 pm	Practice 3:30 pm - 5:00 pm	
21	22	23	24	25	26	27
	Practice 3:30 pm - 5:00 pm	Practice 3:30 pm - 5:00 pm	Practice 3:30 pm - 5:00 pm	Practice 3:30 pm - 5:00 pm	Practice 3:30 pm - 5:00 pm	
28	29	30	31			
	Practice 3:30 pm - 5:00 pm	SSA Vs. Sky Venice AWAY	Practice 3:30 pm - 5:00 pm			

February

2024

Suncoast Academy Flag Football

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 SSA Vs. Sky Englewood (Home)	2 Practice 3:30 pm - 5:00 pm	3
4	5 Practice 3:30 pm - 5:00 pm	6 Practice 3:30 pm - 5:00 pm	7 Practice 3:30 pm - 5:00 pm	8 SSA Vs. SLA (Away)	9 Practice 3:30 pm - 5:00 pm	10
11	12 Practice 3:30 pm - 5:00 pm	13 SSA Vs. SSAS (Home)	14 Practice 3:30 pm - 5:00 pm	15 SSA Vs. RMA (Away)	16 Practice 3:30 pm - 5:00 pm	17
18	19 Practice 3:30 pm - 5:00 pm	20 Practice 3:30 pm - 5:00 pm	21 Practice 3:30 pm - 5:00 pm	22 SSA Vs. SMAP (Home)	23 Practice 3:30 pm - 5:00 pm	24
25	26 Practice 3:30 pm - 5:00 pm	27	28	29 FSCL Championship		

****Calendar events subject to change****